"I Am Fearfully and Wonderfully Made" By Trey Sullins

We've all had low points in life. These are often caused by money, jobs, or spiritual struggles. Sometimes life has a way of beating us down and making us feel low. However, there is one important fact that you notice all throughout the Bible: you are special! Remembering this simple thing should help us to not only live happier lives, but also be more resilient to the hardships that might come our way.

God has made us who we are. Our society has seemingly become crazed with allowing people change everything about themselves. To many it has even become acceptable to change your gender! Certainly, there are things we can change such as behavioral and spiritual things. But it is against God's plan and unnatural to think that everything about ourselves can be changed. God has designed us the way He wants us to be and that how we will stay no matter what we think. Psalm 139:13 indicates this exact thing by saying, "For You formed my inward parts; You covered me in my mother's womb." The language of this verse reads like a weaver or other craftsmen gently creating their craft. This is what God did with us; He gently designed and brought us into being.

He did not just create our physical bodies though, he created us special even in the physical world by making us like Him. We have been given souls and a conscience to know right and wrong (Genesis 1:27). David also wrote, "I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works...My frame was not hidden from You, When I was made in secret, *And* skillfully wrought in the lowest parts of the earth" (Psalm 139:14, 15). From the intricacies of our physical bodies to the great love shown for our souls, God truly has made us unique.

We can't change everything about ourselves. Once again consider some common phrases of our day "express yourself" or "be who you want to be." To some degree these are not harmful statements, but usually what is meant by these things is that someone can choose to live in any way that they want and still be right in doing so. This is certainly not a Biblical principle. In relationship to our spiritual walk and knowledge we should always be seeking growth and improvement (2 Peter 3:17-18)", but in relationship to many things of this physical life we must be content. Jesus makes this point in Matthew 6:27, "Which of you by worrying can add one cubit to his stature?" If we sat and deeply focused on our physical problems all day long, what would happen? Nothing! There are many things we could worry about on a day to day basis, but the life that God requires sets its focus on heavenly things (Colossians 3:2). Knowing just how special we are to God is how we can accomplish this task.

We must use lives for the work of the Lord. We are so special in the eyes of Jehovah that we have been given the great responsibility of being His proclaimers on this earth. 1 Peter 2:9 says, "But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." With all of His power, He could have chosen many different ways to evangelize the world and yet He chose us, His own people. One again, this should be a great encouragement to us and should also challenge us to stay strong in the work He has set out for us.

We must never forget how unique we are to God, how we must be content with ourselves, and how we must use our lives for God's work. Let us always be encouraged by these things and strive to recognize the great love He has shown to us. Don't be discouraged in life, but rather be uplifted and strengthened to serve Him always.